

## Gustav Jarl

### **Title of the lecture:**

IWGDF guidelines on preventing and offloading diabetic foot ulcers

### **Employer/affiliation:**

Ortopedteknik, Region Örebro



### **Brief introduction about the presentation:**

The International Working Group on the Diabetic Foot (IWGDF) conducts systematic reviews and writes evidence-based guidelines for prevention and management of the diabetic foot. Despite that orthotic interventions and footwear are crucial parts of these recommendations, the guidelines are not well-known in the P&O community. This talk will summarize and discuss the most recent IWGDF guidelines from a P&O perspective.

### **Brief presentation of the speaker:**

Gustav Jarl is a CPO at Ortopedteknik, Region Örebro, and an associate professor. His clinical work and research are mainly focused on prevention and healing of diabetic foot ulcers.