

Member benefits





What is NITO?

- ▶ NITO is the largest organisation for engineers and technologists with Bachelor, Master or higher qualifications in Norway
- ▶ We provide you with services and security throughout working life
- ▶ 20 local branches
- ▶ 1400 workplace groups with 4000 NITO representatives

More than
88 000
members

NITO's most important tasks:

- ▶ Secure the best wage developments and working conditions for members.
- ▶ Contribute to members' competence and attractiveness at workplaces.
- ▶ Demonstrate the key role engineers and technologists play in society.

Read more at nito.no/english

Your benefits

- this may well cover your entire membership fee!

Legal assistance

- ▶ Free legal assistance on work-related matters
- ▶ Direct access to competent advisers
- ▶ NITO's lawyers make up one of Norway's largest and most competent teams on work-related matters and labour legislation

Insurance and banking

- ▶ 30 per cent discount beginning with your first insurance policy from Tryg
- ▶ Nordea offers a Premium benefit program
- ▶ Favourable insurances policies designed exclusively for NITO's members

Professional success

- ▶ More than 500 courses and events annually
- ▶ Excellent services when searching for a new job, including CV and application advice, and contract assessment
- ▶ Professional networks
- ▶ Free publications such as Teknisk Ukeblad, Ingeniørens stemme and Bioingeniøren (for biomedical laboratory scientists)

Read more about our benefits at www.nito.no/english

Medical Assistance is now included in your NITO-membership



Our Tryg Medical Assistance team offers you advice and support 24/7 – 365 days a year, also when you are abroad.

Tryg Medical Assistance includes highly qualified medical professionals ready to give you medical advice, prescribe medication, issue doctor's certificates, brief sick leave or make a referral to a medical specialist. You save money and avoid long waiting times, and the consultations are of course confidential.

Read more and activate your Medical Assistance here: minside.tryg.no

What is the cost of being a NITO member?

Annual membership fee for full-time employees: **NOK 4776**

Remember that you can deduct up to NOK 3850 on your taxable income. The savings on your insurance and banking agreements may actually cover your entire membership fee.

**NOK 398
monthly**

Join us at www.nito.no/english

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